



# **SUR OFFERINGS**

**10 SEP 2017**

**12.30 - 1.30 PM**

- ❖ 10 min short teachings on Sur Offering
- ❖ Sur Offering ritual while participants chant Om Mani Padme Hum to arouse compassion for all beings who had once been our Mothers
- ❖ Samathabhadra dedication prayers

**Sur offerings - fragrant smoke is offered to Objects of Refuge, deceased loved ones and share with Beings of the Bardo and 6 realms. Free participation**

**This is special session arranged during 7th month, for us to make a lunch time Sur offerings - mixture of flour, sweets and dairy products, sometimes with additional valuable like medicine or aromatic substances, is consecrated and placed in a fire or burned as incense. *In Tibet, the suitable timings for Sur offering is breakfast, lunch and dinner.***